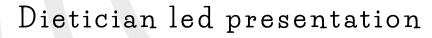


JOIN US FOR A HEALTHY MEAL AND NUTRITION TIPS

SOCIAL MEALS FOR OLDER ADULTS-A FREE EVENT FROM ASCENSION ELMBROOK HOSPITAL

Elmbrook Hospital invites you and a guest for a **FREE** healthy meal prepared by our talented chefs. Enjoy a delicious meal paired with expert dietitian guidance and take home recipes promoting better health.



Giveaways

Health experts on hand with valuable information

WEDNESDAY, DECEMBER 3RD

3-5PM

ASCENSION ELMBROOK HOSPITAL CAFETERIA

19333 W. NORTH AVENUE, BROOKFIELD

Spots are limited! To reserve your place, contact Sarah at 262-785-2293

Or email sarah.pertle@ascension.org

